

Self-Realization Fellowship
Los Gatos Center

Fall Retreat
October 2 - 4, 2026



Led by
Monastics of
Self-Realization Fellowship

Los Gatos Center warmly invites all students and members of Self-Realization Fellowship to a silent, monastic guided retreat, October 2 – 4, 2026.

The Program: The retreat will include group practice of the Energization Exercises, guided meditations, classes on the teachings of SRF, and time for personal reflection and meditation.

Facility: The Jesuit Retreat Center is located on 38 acres in the majestic hills of the mid-peninsula. The site includes numerous walking trails and gardens for solitary meditation. A room reserved exclusively for meditation will be open throughout the retreat. All guest rooms have private baths. Vegetarian meals are included from Friday dinner to Sunday lunch.

Arrival: Please plan to arrive between 4:00 p.m. – 5:30 p.m. Friday. Dinner starts at 6:00 p.m., the opening class at 7:30 p.m.

Directions: Driving directions will be included with an information packet, emailed approximately two weeks before the retreat. The retreat address is: 300 Manresa Way, Los Altos 94022.

Scholarships: A limited number of scholarships, for full or partial assistance, are available to members who serve at the Center. Application forms must be received by August 16. These are available at the Center, and can be found on our website: losgatoscenter.org

Questions: Retreat Registrar: Janine Burrier at LGC.Retreat@aol.com or Retreat Coordinator: Terry Ryan **by text message only** at (408) 823-6413.

Registration: We encourage early registration. Registration closes on August 16, 2026.

Refund policy: No refunds will be given after September 6.

Payment:

- Check – made payable to *Self-Realization Fellowship*
- We are unable to accept credit card payments at this time, and apologize for this inconvenience.

Mail to: Los Gatos Center, c/o Janine Burrier
470 N. Winchester Blvd., Apt. 101, Santa Clara, CA 95050

For your record: Balance due by September 6..... \$_____

Self-Realization Fellowship – Los Gatos Center

Weekend Retreat Registration Form

October 2 – 4, 2026: Jesuit Retreat Center of Los Altos

Name: (person 1) ☐Mr. ☐Ms. _____

Name: (person 2) ☐Mr. ☐Ms. _____

Address: _____

Email: (Please print clearly) _____

☐ I don't use email, and would prefer the information packet be mailed to my home address.

Phone: _____

☐ SRF Lesson Student

☐ Kriyaban

There are a few double rooms. Most are single with a private bath. Downstairs rooms are limited in number. Rates include six vegetarian meals and lodging from Friday dinner through Sunday lunch.

Retreat cost per person \$350 \$ _____

Voluntary Donation to Retreat Scholarship Fund..... \$ _____

Total \$ _____

Enclosed (\$100 minimum deposit)..... \$ _____

Balance Due by September 6\$ _____

Please check the appropriate box(es) below:

☐ Room for 1 (twin bed)

☐ Room for 2 (twin beds)

☐ Two separate rooms, one for each person

☐ Wheelchair accessible room

☐ Require downstairs room

You will receive retreat information and map two weeks prior to the retreat.

*“Every person needs a retreat,
a dynamo of silence
where he may go
for the exclusive purpose
of being recharged by the Infinite.”*

- Paramahansa Yogananda

